

REFLECTIONS

WINTER 2018

Thank you!

Dear Pathways' Friends,

As we look forward to a new year, we at Pathways thank you for your generosity to Pathways and far beyond. It has been another year of natural disasters and unthinkable acts of violence, and through it all, you have supported our neighbors, our country, and our world whenever economic hardship, adversity or turmoil threatened lives, homes, and safety.

We thank you for the incredible outpouring of philanthropy that has helped – and continues to help – the victims of these unimaginable tragedies.

Every gift you make to Pathways likewise makes an enduring impact on the lives of your friends, family, and loved ones in times of crisis. From home health support through palliative and hospice care, and bereavement services for grieving friends and family, your steadfast support truly makes a difference to our community.

Your generosity makes it possible for our care teams to take the time to go above and beyond what is just medically necessary, to truly listen to our patients, and to provide the care that they, and their families, need in the comfort of home. As you can tell from the quotes included with in this issue of Reflections, your gifts truly make a difference - one special moment and one cherished person at a time.

With our heartfelt thanks and best wishes for all the best for the New Year and beyond,

Sandy

Sandra K. Coolidge, RN, PHN
President of Philanthropy

Dr. Ellen Brown Retires

Dr. Ellen Brown was a pioneer in developing the role of the Hospice Physician in the San Francisco Bay Area, including the advancement of Pediatric Hospice care and Palliative Care.

Dr. Brown also trained countless Stanford Hospice and Palliative Care Fellows who now provide care both in the U.S and abroad.

Above all, Dr. Brown served our community and provided care to thousands of hospice patients and their families during her 20 year career at Pathways. Her dedication and experience was truly a gift to us here at Pathways and she will be as missed as she was appreciated. Her legacy of compassionate care lives on in the many Pathways physicians she trained and mentored as they carry on her work.

Thank You, Ellen!



The Impact You Have

Congratulations to Gunilla and Tom!



Pathways celebrated the 28th annual ONE FROM THE HEART AWARDS BREAKFAST on October 25th. 500 attendees filled the Crowne Plaza ballroom to hear the featured speaker, nationally renowned author and memoirist, Maxine Hong Kingston. Master of Ceremonies, Rita Williams, award-winning retired KTVU Channel 2 news reporter, presented the One from the Heart Award to Los Altos residents Gunilla and Tom Follett for their 25 years of service to Pathways and the hospice cause. Jeff Allyn shared his story of the wonderful care his parents received from Pathways. Thank you for meeting and exceeding our matching grant challenge again this year and for helping One from the Heart to raise over \$6.7 million to support Pathways patients and families through the years. Join us again next year on October 24, 2019 at the Crowne Plaza!

Our Amazing Volunteers



“Thank you for my mother’s volunteer. She is the kindest and sweetest lady, a companion for my mother who is 103 years old.”

It is only with your support that Pathways can provide hospice, home health and palliative care services to our community. Our bereavement program depends entirely on your financial support and the tireless efforts of countless volunteers. Nearly 200 volunteers contributed over 13,000 hours to Pathways last year! We thank them from the bottom of our hearts for all that they do and celebrate with them each year. If you would like to join this compassionate team, from office assistance to direct patient contact, we can find a fulfilling job to fit your skills.

Call us at **888-755-7855** or visit us online:
pathwayshealth.org/volunteer-opportunities



We proudly pioneered a unique volunteer program called **Caring Connections** allowing our staff to stay connected with patients beyond the end of care date. Volunteers provide practical and emotional support that connects patients, families and caregivers to community services and resources that can have a positive impact on their lives. One more way we can care for our community together.

Pathways Support

Look online for our Grief Support Groups meeting in the new year. Open to all in our community, Pathways provides bereavement support and individual counseling to those who have lost a loved one in the past year. Free of charge and open to the entire community not just our patients.



“Your Chaplain invited me to forgive my mother for everything I could recall while she was still with us. And that act made all the difference, allowing me a sweet and gentle bereavement.”

The Many Ways You Can Help

Easy ways you can make a difference!

Many of us are uncertain about how all of the changes to the tax code and new regulations will affect us. For some, the increased standard deduction will mean more money in our pockets. Others may change their methods of giving and saving to adjust to the new tax laws. There are many ways to continue to help Pathways and others this holiday season and beyond. In addition to traditional mailed donations via check or credit card, you can give online at:

www.PathwaysHealth.org/ways-to-give

There you can also set up a monthly gift automatically charged to your credit card—the easiest way to give a meaningful gift over time.

This year, consider a distribution from your donor-advised or charitable gift fund to Pathways and other causes close to your heart.

“Pathways is very lucky to have such dedicated people. Your caregivers provide a superb level of professionalism, efficiency, and personal care.”

Log on through Amazon Smile

whenever you order online. It's easy and Pathways can receive 0.5% of your purchases without adding to your cost.

Follow the easy steps at:

www.PathwaysHealth.org/amazon-smile



The IRA Qualified Charitable Distribution is Permanent!

There is no more waiting from year to year to see if Congress will extend the IRA charitable gift provision. Eligible seniors can satisfy all or part of their annual “required minimum distribution” by making a qualified charitable distribution directly to Pathways from IRA accounts. You can reduce income and still support your favorite charities. Please consult your financial or tax advisor about your particular situation.

Many friends honor or remember a loved one with gifts to Pathways during the holidays or on special dates. Families and tributees are notified of your gifts without mention of the amount.

We welcome you to join our Legacy Society if you have remembered Pathways as part of your will, trust, or estate plan. We will honor you with special thanks and invitations throughout the year.

“Pathways provided wonderful care following a painful shoulder surgery. Truly terrific therapists provided assistance and training to get me over the rough spots. They were always willing to go the extra mile to build my confidence and make me self-reliant.”

To learn more about how your gifts make a difference for each and every Pathways patient, please look up our Annual Report online at **www.PathwaysHealth.org/news** or give us a call at 408-730-1200 and we will be happy to send you a copy.



“My brother and I appreciate all of your help and support during mom’s journey – I don’t know what we would have done without you!”

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Pathways Home Health & Hospice is a 501(c)(3) community based non-profit providing Hospice, Palliative Care, Home Health, and Bereavement Care.

Celebrating 4-Star Status!



We have achieved Level 4 as a We Honor Veterans Partner! This is the highest recognition from this important program. Our latest report reflects Pathways' continuing commitment and dedication to ensuring Veterans have access to quality end-of-life care. We could not be more proud of our incredible staff and volunteers.

PATHWAYS Foundation

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foundation@pathwayshealth.org

JOIN PATHWAYS ON THE STANFORD FAIRWAYS



SAVE THE DATE! Monday, July 15, 2019

Bring your friends and clients to Stanford's renowned course and support Pathways!
Call now **408.730.1200** or
email events@pathwayshealth.org

Save the Date

29th Annual
One from the Heart

Thursday, October 24, 2019

Crowne Plaza, Palo Alto

Don't miss out on this compelling and delicious event!
Call 408.730.1200 or email events@pathwayshealth.org